WORKFORCE

Position Statement / Media Release

The Australian Dental and Oral Health Therapists’ Association recognises that need for dental care across the community is increasing and that 40% of our population has poor access to dental care. When fully utilised, Dental and Oral Health Therapists have skills that match the unmet needs of our community. They provide high quality care – to the same standard as dentists in a smaller range of services.

Further Information

With the increasing demand for all Dental professionals ADOHTA supports the education and training of Dental and Oral Health Therapist graduates to help meet this need.

Dental and Oral Health Therapist’s can be utilized as integral members of any dental team.

Dental Therapists and Oral Health Therapists have the capacity to

- **Lower demand** by providing effective health promotion, prevention and maintenance services and basic treatment services
- **Increase supply** and access to care through lower cost services and a shorter undergraduate time means they can be providing services after 3 years instead of 5 years for dentists
- **Flexibility** to respond to sectors where unmet needs are greatest e.g. rural and remote, disability, low income and aging
- **Collaborative capacity** to link dentistry and oral health into general health services and other avenues for health promotion e.g. educational services

It is ADOHTA’s view that building workforce capacity and investing in the team model, is an investment in the communities’ better oral health.

Supporting Evidence

Traditionally Dental Therapists worked exclusively with children as part of various state and territory governments’ school dental programs. Consequently, the majority of dental care for the majority of Australian children from the 1970’s to today was provided by Dental Therapists. Since the 1990’s the education of Dental Therapists moved to the tertiary sector and the addition of the hygiene and oral health promotion components led to the creation of Oral Health Therapists whose skills include those of a Dental Hygienist.

With a preventative focus and enhanced clinical skills, the Oral Health Therapist brings an added dimension to any dental workforce.

An unequal equation of supply and demand for dental services exists. The growth in demand for dental visits can be attributed to a number of factors not least the aging population and the fact that people are keeping their natural teeth for longer. This increasing population of aged clients who are partially edentulous most of whom are eligible for the rationed public
sector services is not currently being met by the supply of dental practitioners capable of providing these services. No one state or territory in Australia experiences these issues in isolation.

Australia’s National Oral Health Plan, published in 2004 by the National Advisory Committee on Oral Health (NACOH) deals with workforce issues in a national context.

The report recognises the need for a concerted effort from both public and private sector resources nationally to address the oral health needs of the population. The Australian Dental and Oral Health Therapists’ Association (ADOHTA) considers that its members have a vital role to play in advocating for future workforce changes. The strategies that the National Oral Health Plan proposes, “that the team model approach to providing the community with quality dental care is the way to progress.” The rationale behind increasing the ability for the Dental and Oral Health Therapist to be an integral part of the oral health team is soundly endorsed by ADOHTA.

ADOHTA considers that the team model of care provides cost effective services. It increases the oral health team’s competence to provide a preventative focused oral health care plan for its clients across the spectrum of clinical services in both public and private sectors.

Recruitment and retention of Dental and Oral Health Therapists is a concern that impacts on the oral health team’s ability to provide client services and one which ADOHTA recognises impact on its members. ADOHTA accepts that evidence indicates this is a national issue and is particularly critical in rural and remote areas.

Contributing factors affecting workforce retention and recruitment include: an ageing work force, attrition due to poor remuneration, lack of career structure and restriction of work environment. These have contributed to the slow decline of the oral health professional with core dental therapy skills. The lack of career structure’s impact on the erosion of the workforce of those oral health professionals with dental therapy skills is demonstrated in a recent Western Australian study where 32.4% of Dental Therapist’s surveyed had left the profession to pursue a new career, while 50% of non-working Dental Therapists have completed other studies.

The issue of remuneration is one that has an ad hoc approach across all areas in which Dental and Oral Health Therapists are employed. Whilst it could be argued across most professions, the disparity in pay scales can best be illustrated in NSW were in 2005 the restructure of the Dental Assistants pay scale saw the new graduate Dental Therapist paid less than a Dental Assistant. Also the addition of Dental Hygiene skills to those of Dental Therapy coupled with the need to meet university expenses has led to many new graduates seeking employment in the private sector where better remuneration is offered. However due to lack of understanding and/or support the majority of those Oral Health Therapists are unable to fully utilise their Dental Therapy skills.

ADOHTA endorses the NACOHs recommendation for short-term strategies to address these workforce issues. One of the strategies is to engage oral health professionals in public sector services. Strategy 7.4 clearly outlines that “enhancing professional development, improved pay scales and career paths”. The National Oral Health Plan also states “There are a number of opportunities to make better use of the various members of the oral health workforce, including:
• “increasing the utilisation of the dental therapist/hygienist workforce to increase the capacity for primary and maintenance oral health care including health promotion”

In ADOHTA’s view this will go some way to addressing the future retention of Dental and Oral Health Therapists.

References


Non-working Dental Therapists: opportunities to ameliorate workforce shortages. E Kruger, K Smith, M Tennant. Australian Dental Journal 2007; 52:1 pg. 22

Submission to the NSW Parliamentary Inquiry into Dental Services in NSW. Kay Franks